Course Number: HS 105       Credits: 1

Course Title: Dementia Care

Catalog Description:
Upon completion of this course the learner should be able to provide care for the confused resident by recognizing characteristics of a confused resident, identifying common behavior problems and stating common interventions for positive behavioral outcomes. In addition, the learner should be able to list the three stages of Alzheimer’s disease, describe how to interact with an Alzheimer’s resident and identify at least three ways to care for the Alzheimer’s resident.

Required Textbooks for This Course: None

Method of Evaluation/Grades for the Program:

1. There will be a variety of assessments during this course which will determine your final grade. The various components are as follows:
   - Unit assignments – 100 points
   - Quiz – 100 points
   - Final Exam – 50 points
   - Total – 250 points
   - The instructor reserves the right to add assignments as needed.

2. The grading scale is:
   - A = 90 - 100%
   - B = 80 – 89%
   - C = 70 – 79%
   - D = 60 – 69%
   - F = 59% - Below

Due Dates for Assignments and Tests: Homework assignments are due on the specified dates. The course is broken up into units. The units are due weekly.

Late Assignment Policy for the Program: Assignments turned in after the due date will receive an automatic 20% point deduction. Late assignments will only be accepted up to 3 days past the due date. Assignments turned in after will not be accepted.
Services For Students With Disabilities: Students, with either a permanent or temporary disability, who require accommodation for more than one week should request services by contacting the Student Services Office. Students requesting accommodations must present written documentation from a certified professional, which should include a statement identifying the disability as well as recommendations for accommodations. Contact, at least one month in advance, the Dean of Instructional Services at (785) 738-2276 to make requests for accommodations.

Policy Regarding Academic Dishonesty: Academic dishonesty of any kind will not be tolerated while attending North Central Kansas Technical College. The examples of academic dishonesty are plagiarism, cheating, falsification or forgery of any assignments or examinations. Any student who participates in any form of academic dishonesty must accept the consequences of their actions. These consequences may include but are not limited to the following (a) verbal or written warning, (b) lowering of grade for assignment/activity, (d) failure of class assignment or exam.

Course Objectives:

The student will:

1. Describe the signs and symptoms commonly observed during early, late, mid, and late state dementia.
2. Explain what screening procedures and assessments that are helpful in following and managing symptoms associated with illnesses that cause dementia.
3. Describe therapeutic communication.
4. Describe sensory changes that inhibit normal communication.
5. Describe the components of a meaningful activity program, categories, and types of activities.
6. Demonstrate examples of activities that will work.
7. Explain issues families face when dealing with dementia and Alzheimer’s disease.
8. Identify options and coping strategies that will benefit the family or professional caregiver.
9. Identify common behaviors associated with dementia and triggers that can cause unwanted behavior as well as approaches to the behavior that may help.
Content Outline:

I. Unit 1
   A. Overview of Dementia and Delirium
      1. Assignment #1 – Differences between Dementia and Delirium

II. Unit 2
   A. Dementia Care
   B. Contributing Factors to the Human Aging Process
   C. Approaches to Nurturing the Spirit
   D. Communication
      1. Assignment #2 – Language
      2. Assignment #3 – Communication

III. Unit 3
   A. Alzheimer’s Disease
      1. Global Deterioration Scale
      2. PET Scan
      3. Statistics and Causes
   B. Eleven Requests for People with Alzheimer’s.
   C. Coping Strategies for the Professional Caregiver
      1. Assignment #4 – Interview
      2. Assignment #5 – Living Space
      3. Quiz

IV. Unit 4
   A. Family and Caregiver Issues
   B. Meaningful Activities
      1. Assignment #6 – Good Day
      2. Assignment #7 – Dignity
   C. Stress Management

V. Unit 5
   A. Final Exam
Adopted 01.10