



Syllabus

Date Syllabus Filed: 01/2010

Instructor: Darsey Offutt, BS, MBA

Office Hours: Telephone or E-mail **Office Phone:** 785-534-0566

Where to Leave Messages: Angel messaging or darseyoffutt@gmail.com

Course Number: HS 105 **Semester Credits:** 1

Course Title: Dementia Care **Building:** Online Course

Course Dates: July 15, 2010 –August 13, 2010

Textbook: This class is taught entirely online. No text required.

Method of Evaluation/Grades:

There will be a variety of assessments during this course which will determine your final grade:

Letter grades will be assigned by percentage:

A	90%-100%
B	80%-89%
C	70%-79%
D	60%-69%
F	59% or below

Due Dates for Assignments:

Homework assignments are due on specified dates and all work must be submitted by midnight of the last day of class.

Late Assignment Policy:

Assignments turned in after the due date will receive an automatic 20% point deduction. Late assignments will only be accepted up to 3 days past the due dates. Assignments turned in after 3 days will not be accepted.

Services for Students with Disabilities:

Students with either a permanent or temporary disability who require accommodation for more than one week should request services by contacting the Student Services Office. Students requesting accommodations must present written documentation from a certified professional, which should include a statement identifying the disability as well as recommendations for accommodations. Contact, at least one month in advance, the Director of Learning Resources at (785) 738-9020 to make requests for accommodations.

Policy Regarding Academic Dishonesty:

Academic dishonesty of any kind will not be tolerated while attending North Central Kansas Technical College. The examples of academic dishonesty are plagiarism, cheating, falsification or forgery of any assignments or examinations. Any student who participates in any form of academic dishonesty must accept the consequences of their actions. These consequences may include but are not limited to the following: (a) verbal or written warning, (b) lowering of grade for assignment/activity, (c) failure of class assignment or exam.

Course Objectives and Outline:

Over the duration of the course, students will:

1. Normal Aging

- a. The student will be able to describe normal aging in America.
The principles of aging, age-associated changes, and memory and aging. 2 Hours

2. Overview of Alzheimer's disease

- a. The student will be able to describe the signs and symptoms commonly observed during early, late, mid, and late-state dementia. 3 Hours

3. Assessments and screening procedures

- a. The student will be able to explain what screening procedures and assessments are helpful in following and managing symptoms associated with illnesses that cause dementia. 2 Hours

4. Communication techniques

- a. The student will be able to describe therapeutic communication, sensory changes that inhibit normal communication and will learn tips for communication with dementia individuals. 3 Hours

5. Differentiate goals, care needs, model of care, and appropriate activities for the memory impaired individual

- a. The student will describe the components of a meaningful activity program, categories, and types of activities. 2 Hours

6. Common issues for professional caregivers and families

- a. The student will be able to explain issues families face when dealing with Dementia and Alzheimer's disease. The student will identify options and coping strategies that will benefit the family or professional caregiver.

2 Hours

7. Common behavioral changes and challenges

- a. The student will identify common behaviors associated with dementia and triggers that can cause unwanted behavior. They will also learn some approaches to the behavior that may help.

2 Hours

Course Outline:

1. Types of dementia
2. Causes of dementia
3. States of dementia
4. Diagnosis and screening for dementia
5. Lowering environmental stress levels
6. Protocols for behavioral changes or agitation
7. Medication therapy
8. Activity programs for the memory impaired older adults
9. Caregiving issues
10. Positive aspects of aging
11. Communication techniques